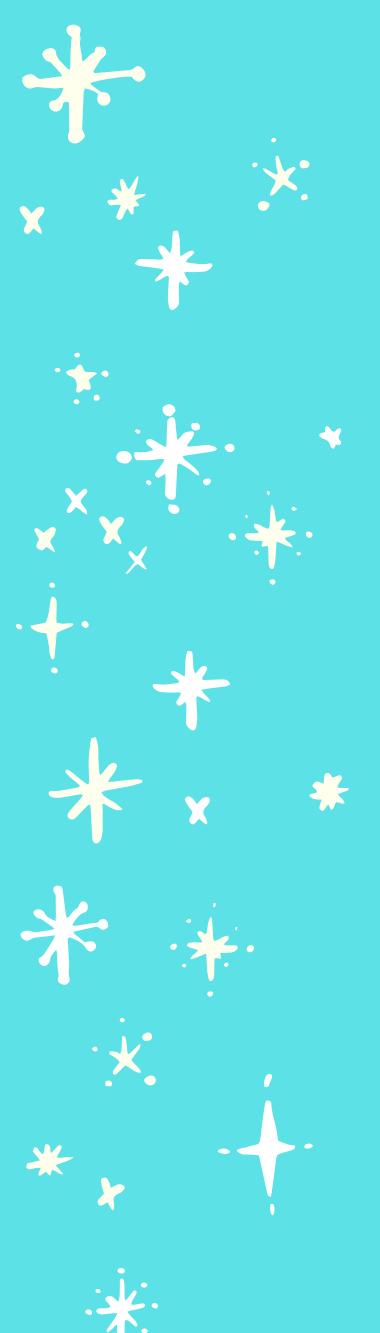
Zoom Calender	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
<section-header><section-header></section-header></section-header>	Carer Coffee mornings 10.30am -11.30am		<section-header></section-header>		<section-header><section-header><section-header></section-header></section-header></section-header>	
Late Morning/ Early Afternoon		Sv Coffee morning 11am- 12pm	<section-header><section-header></section-header></section-header>	Sv Coffee morning 11am- 12pm	Sv Coffee morning 11am- 12pm	
Afternon			Performing arts leader programme 5.45pm-6.45pm			
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How to get involved

For Sv Coffee mornings/Magic Pen contact: kathryn.littlewood@disabilitysheffield.org.uk

For SV Coffee Mornings/Sv Social Night contact: kelly.scargill@disabilitysheffield.org.uk

> For Yoga4all/Move and Chat contact: info@sheffieldcycling4all.org

For carer coffee mornings/Bingo+quiz/ All Ability singing group (starts 28th January)/ Performing arts leader program (starts 20th January) Contact:

COPe@sheffieldmencap.org.uk







