



## National Information

You can trust these sites to find impartial information about autism:

- [NHS Choices : Guide to Autism](#)
- National Autistic Society: [Advice and Guidance](#)
- [Autism Central](#)
- [Autism Services Directory](#)
- [Ambitious about Autism](#)

## Local Information

You can search these local resources to find groups /services/ activities and information on different topics:

- Sheffield Autistic Society : '[Find out about](#)'
- Sheffield Directory : [Adult Autism](#)

## Diagnosis

Sheffield Autistic Society has produced [FAQs on Adult Diagnosis](#). Your GP can refer you to [Sheffield Adult Autism and Neurodevelopmental Service \(SAANS\)](#). You may wish to stay on their waiting list for an NHS diagnosis . Private , paid for assessments are available, for example at [Diagnostic Services. National Autistic Society](#).

## Support

- [Adult Autism and ADHD Support Hub](#)
- [Sheffield Childrens NHS Trust : Autism Support](#)
- [Autism Centre for Supported Employment](#)
- [Autism Plus Sheffield](#)

## Some other local groups

- [Sheffield Autism Partnership Network](#)
- [Sparkle Sheffield](#)
- [Sheffield Neurodivergent Mums Group](#)
- [Autistic Children and Carers Together](#)
- [Under the Stars](#)

## Sheffield Voices

Last but not least our [Sheffield Voices](#) self advocacy group holds various activities including Big Voice events at the Town Hall and supports people with autism and people with learning disabilities to get their collective voice heard in the city.





