**Job Title** Sheffield Cycling 4 All: Zoom host and promoter

**Location** Online

**Rate** £12 an hour

**Hours**  **7 hrs per week (**12pm – 1pm Mon, Wed & Fri, 7pm – 8pm Tues + 3 hrs for promotion whenever suits you). The post is funded September to November but we are applying for more funding to continue to March 2022.

**Reports to** Sheffield Cycling 4 All Project co-ordinators

We welcome applications from people from all backgrounds, and we particularly welcome applications from people with lived experience of disability.

**About Disability Sheffield**

Disability Sheffield is a registered charity and a Disabled People’s User Led Organisation (DPULO). DPULOs are organisations run by disabled people, for disabled people.

Since 2003, our small local charity has been enabling disabled people in Sheffield to overcome the barriers that prevent them from being fully included in society.

We are committed to and promote the Social Model of Disability. We believe that people with impairments are disabled by the barriers they face in everyday life such as inaccessible communication formats, people’s attitudes or inaccessible buildings and not by the way their minds and bodies work.

The majority of our dedicated team (trustees, staff and volunteers) have personal experience of living with an impairment. We are therefore well place to equip disabled people with the knowledge and confidence to address the challenges they face.

We work alongside disabled people, organisation that represent them, the statutory and voluntary sectors, and the wider community to:

* Promote inclusion, choice and control
* Encourage independent living
* Challenge negative perceptions of disability
* Give a collective voice to one of Sheffield’s lesser heard communities

<https://www.disabilitysheffield.org.uk/>

<https://www.facebook.com/DisabilitySheffield/>

<https://twitter.com/@DisabilitySheff>

**Sheffield Cycling 4 All**

Sheffield Cycling 4 All (SC4A) project is an inclusive cycling project that improves the lives of people by recognising the roles poor health, social isolation and lack of engagement opportunities play in reducing quality of life. The project addresses these issues by offering healthy exercise in a friendly group setting, where people can meaningfully engage with the project.

<http://sheffieldcycling4all.org/>

<https://www.instagram.com/sheffieldcycling4all/>

<https://www.facebook.com/sheffieldcycling4all/>

**Job Description**

**Main Purpose of the job**

During Covid we set up 3 inclusive online classes – Movement 4 All, Yoga 4 All and Dance 4 All. The classes are led by professional instructors but we need someone to host the classes and do some additional online promotion work. You will need to be comfortable using zoom and social media and confident in your communication skills.

**Location**

Online

**Duties and Key Responsibilities**

* Start zoom meeting and admit participants.
* Chat with participants before and after the class
* Take part in the class whilst keeping an eye on participants to ensure everyone is ok
* Liaise with instructors
* Log participants in spreadsheet at end of each session
* Promote the classes via social media to increase the number of people participating

**Essential requirements**

1. Confident using zoom
2. Good understanding of using social media for promotion
3. Experience of using Excel spreadsheets
4. Interested in working with people with complex needs, and people who are socially isolated
5. An understanding and knowledge of the social model of disability
6. Excellent interpersonal skills
7. Excellent communication skills
8. Ability to work on own initiative
9. Eligibility to work in the UK
10. Flexible working approach

If you have any questions or would like an informal chat about the post please email [info@sheffieldcycling4all.org](mailto:info@sheffieldcycling4all.org)

Please email your CV and / or cover letter to: [info@sheffieldcycling4all.org](mailto:info@sheffieldcycling4all.org)

Or; post to:

Tom Collister, Disability Sheffield, The Circle, 33 Rockingham Lane, Sheffield S1 4FW

**Deadline for applications: Monday 23rd August**