

Move More Sheffield

14th September 2023
Arrive for 9.30am, 10am
start -2.00pm finish

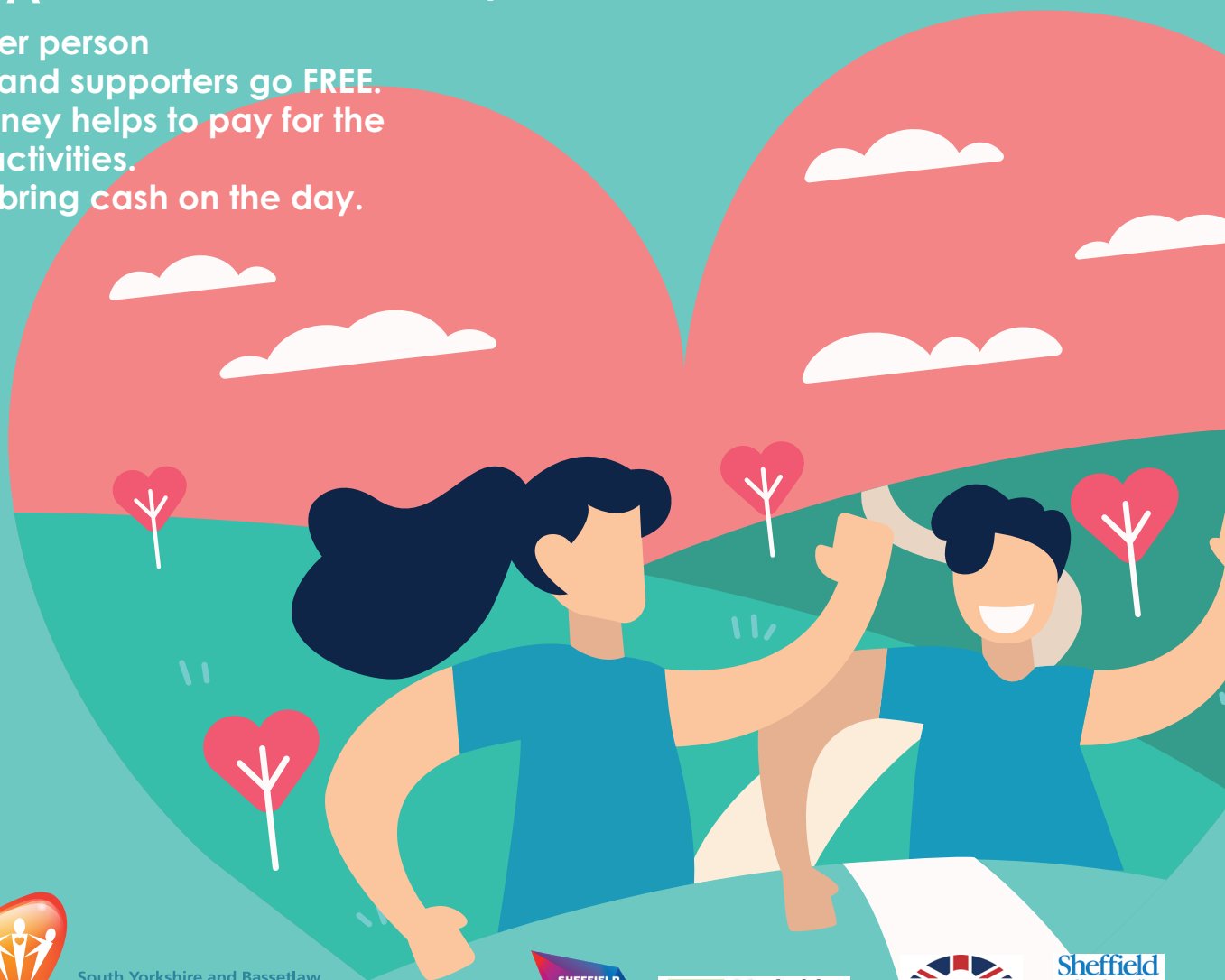
Venue:
English Institute for Sport
Coleridge Rd,
Sheffield,
S9 5DA

£3.00 per person
Carers and supporters go FREE.
This money helps to pay for the
sports activities.
Please bring cash on the day.

Keeping Healthy event for people
with learning disabilities and autistic
people who live in Sheffield,
Rotherham, Doncaster, Barnsley.
Aged 16 plus.

Try activities like Cycling, Football,
Rave Dance, Tennis and attend
Healthy Living Workshops.

To find out more or to book your
place, please contact:
katie.hirst2@nhs.net or
Sally@speakup.org.uk
Or call: 07971 031445
07483 157293. If you want to go,
you need to book.



South Yorkshire and Bassetlaw
Integrated Care System

