

MENTAL HEALTH FRIENDLY WOMEN'S FOOTBALL

Tuesdays, 1.30-3pm Goodwin Sports Centre, Northumberland Rd, Sheffield S10 2TY

Friendly and fun weekly drop-in sessions for women who've experienced mental health issues, whether you have a diagnosis or not. No experience necessary. Led by Brunsmeer Awareness FC and Sheffield Flourish (charity no: 1147334).