

Leisure Time sessions returning!

**We have restarted
our fun and friendly group for people with
disabilities, for example, Learning Disabilities, Autism.**

Time and day: Friday mornings 10.30-12.30

Price: £3.00 (carers free)

Age range: Adults (flexible, please ask for details)

Venue: Concord Sports Centre, Shiregreen Lane, Sheffield S5 6AE

About the session:

At the moment due to covid restrictions our sports hall only provides a selection of sports including football, badminton, table tennis, and cricket.

Our bouncy castle and sensory rooms will be available when more restrictions are eased.

It is a relaxed space where participants can do as little or as much as you want and you are also welcome to bring new ideas e.g. games to share.

Our activities are ideal to take time out, chat and make friends.

The building is fully accessible, also hot and cold drinks and confectionery can be bought.



My Story:

My name is Grace and I have been a participant at Leisure Time and other similar sessions since 1999 and also act as participant representative.

There have been numerous benefits through attending these sessions.

We would love more people to attend and make new friends.

I am there every Friday and newcomers are always welcome.



For further information feel free to get in touch

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Alternatively you can contact the management:

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Charlotte.Rogerson@sheffieldcitytrust.org

Activity coach: gemmawilliamson18@btinternet.com

Occasionally there are changes to our sessions. Please get in touch for details.