



**Disability Sheffield**  
Centre for Independent Living

## **Feedback from Recovery Education Training delivered by Kathryn Littlewood on 17.11.14**

**“Inspiring – gives me some hope for the future”**

‘The candidness of Kathryn and her approach makes the session both informative and useful. Her people skills are FAB!’

**“She should train others who provide services to mentally ill people. Thank you Kathryn”**

“Kathryn has a wealth of knowledge and provides essential information for people experiencing mental health issues. Fun, Exciting and inspirational for all! Thank you”

**‘Kathryn is an amazing inspiration to us all. All positive information. I received more from this session than I have in the 2 years I’ve been having employment support from \*\*\* Good Luck Kathryn’.**

“Kathryn was well informed and engaging. There was a good level of discussion and I learned some useful information. Good session thank you”

**“Very informative and interesting. What an inspiring story!”**