



Feedback from Recovery Education Training delivered by Kathryn Littlewood on 17.11.14

“Inspiring – gives me some hope for the future”

‘The candidness of Kathryn and her approach makes the session both informative and useful. Her people skills are FAB!’

“She should train others who provide services to mentally ill people. Thank you Kathryn”

“Kathryn has a wealth of knowledge and provides essential information for people experiencing mental health issues. Fun, Exciting and inspirational for all! Thank you”

‘Kathryn is an amazing inspiration to us all. All positive information. I received more from this session than I have in the 2 years I’ve been having employment support from * Good Luck Kathryn’.**

“Kathryn was well informed and engaging. There was a good level of discussion and I learned some useful information. Good session thank you”

“Very informative and interesting. What an inspiring story!”