



Disability Sheffield
Centre for Independent Living

ARE YOU A CARER?

we want to hear from you.....

Join us for a discussion on your experiences of accessing healthy living and physical activities, as a carer.

WHEN: Tues 24th May 2022,
10am - 12pm

WHERE: The Blend Kitchen,
197 Ecclesall Road, Sheffield
S11 8HW



To book a place please contact:

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FREE REFRESHMENTS AND LUNCH

