

<div>Zoom</div> <div>Calender</div> <div>🤪</div>	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
Morning	<div>Carer Coffee mornings</div> <div>10.30am -11.30am</div> <div></div>		<div>Bingo and Quiz</div> <div>10.30am-12pm</div> <div></div>		<div>Magic Pen</div> <div>11am-12pm</div> <div></div>	
		<div>Sv Coffee morning</div> <div>11am-12pm</div> <div></div>	<div>Move and Chat</div> <div>11am-12pm</div> <div></div>	<div>Sv Coffee morning</div> <div>11am-12pm</div> <div></div>	<div>Sv Coffee morning</div> <div>11am-12pm</div> <div></div>	
Afternoon			<div>Performing arts leader programme</div> <div>5.45pm-6.45pm</div> <div></div>			
		<div>Yoga4all</div> <div>7pm-8pm</div> <div></div>	<div>SV Social Night</div> <div>7pm-8pm</div> <div></div>	<div>All Ability Singing Group</div> <div>7-8pm</div> <div></div>		
Evening						

How to get involved

For Sv Coffee mornings/Magic Pen contact:
kathryn.littlewood@disabilitysheffield.org.uk

For SV Coffee Mornings/Sv Social Night contact:
kelly.scargill@disabilitysheffield.org.uk

For Yoga4all/Move and Chat contact:
info@sheffieldcycling4all.org

For carer coffee mornings/Bingo+quiz/
All Ability singing group (starts 28th January)/
Performing arts leader program (starts 20th January)

Contact:

COPE@sheffieldmencap.org.uk

