

## Hi, we're Sheffield voices

We're a self-advocacy group in Sheffield for people with learning disabilities and Autistic people.



**Self-advocacy** is speaking up for yourself and issues that affect you, your friends, and your community. There are other types of advocacy too.

**This workbook is about Advocacy.** Our next event is called 'Speaking up and different types of advocacy.' We want to know what our community knows about advocacy, and what it means to you.



## On the next page

We have what our community has said about what advocacy means to them, and why it is important.

# What does advocacy mean to you?

Advocacy to me is about standing up for disabled people's rights

It's helping people to make sure that they have the right financial/ money support



It's about helping people know what's right and wrong and showing where to go when they need extra help

Different types of advocacy need to be explained. We used to have citizens' advocacy, but I don't know what happened to it

Advocacy means I can encourage people to say the things that they want to say, if we talk about this as a group we're not alone.

**We know that** lots of people are already great self advocates. We also know that some people are **confused by what that means**, or different types of advocacy.



**We want to hear more** about your experiences and opinions on advocacy.

**We'd like you to** look at this workbook as a group, on your own, or with support. We'd like to hear what **good advocacy looks like to you**.



**Please let us know if you can** attend our Big Voice event about mental health or any other feedback. **The details for the event are on the last page.**



What does advocacy mean to you? Have you come across this term before?



Reading what people said advocacy means to them on the speech bubble page, do you have any similar experiences? Do you have a different understanding of advocacy?



What do you think good advocacy looks like?





What information do you want or need about the different types of advocacy?



Use this space to tell us other things you want Sheffield Voices to know about.



# The Next Big Voice



Thank you for reading this leaflet and listening to our voices. If you want to tell us anything else, please email [info@sheffieldvoices.org.uk](mailto:info@sheffieldvoices.org.uk).



We will be talking to different groups and sending out our work pack with in the next few weeks. We will then bring what everyone has said together at the Big Voice event to discuss as a group.

## The Big Voice on: Speaking up and different types of advocacy.



**When:** Friday, April 25th

**Time:** 10am to 2pm

**Where:** Sheffield town hall, Pinstone St, Sheffield City Centre, S1 2HH

Refreshments provided please contact us to book your place.



10.00 am



2 pm



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