

DISABILITY SHEFFIELD TRAINING OFFER



1

Disability Equality
Training

2

Workplace Equality
Training

3

Autism Insight Training

4

Autism in the
Workplace

5

Learning Disability
Awareness Training

TO BOOK CONTACT

[KATHRYN.LITTLEWOOD@DISABILITYSHEFFIELD.ORG.UK](mailto:kathryn.littlewood@disabilitysheffield.org.uk)



Disability Sheffield
Centre for Independent Living

www.disabilitysheffield.org.uk

1

Half day training for up to
20 staff online
15 staff offline

£400

'Fantastic, well balanced training in
terms of interaction and participation'

DOUG

Disability Equality Training

This course is a participatory process where people are introduced to the real issues and discrimination facing disabled people with a view to them changing their behaviour, policies and practices. It is aimed at people who have limited knowledge of disability or as a refresher course for people who have some awareness.

Our course has been designed and delivered by disabled people who understand the reality of living in a disabling society.

Course Includes:

- The legal definition of disability
- Myths and misconceptions of disability
- What the models of disability are why they are important to understand
- Barriers disabled people face in society
- The importance of language and avoiding assumptions
- Understanding the law in relation to disability

2

Half day training for up to
20 staff online
15 staff offline

£400

'Enjoyed being able to have an open
dialogue about the facilitators
personal experiences'

MIRIAM PA

Workplace Equality Training

This course has been designed for any organisation or business. Its aimed at managers, HR and employees to have a solid understanding of disability equality and what it means to create an inclusive workplace. The course has been designed and is delivered by people who have a lived experience of disability in the workplace.

Course Includes

- The legal definition of disability
- Myths and misconceptions of disability
- What the models of disability are why they are important to understand
- Barriers disabled people face in society
- Reasonable adjustments
- The importance of language and avoiding assumptions
- Employment law in relation to disability
- Normalising disability (introducing the WAP Plan for everyone)
- Being confident in supporting disabled staff
- Supporting staff who employ their own PA's

3

Half day training
can accommodate
14 staff online
14 staff offline

£350

Having autistic people to share their lived experiences really made the training special. So much better than just being told a list of information.

ZEST

'This training has been hands down one of the best training experiences I have ever had. I enjoyed the fact the training was led people with lived experience of Autism and it not only been an eye opener but has given me much food for thought'.
'There was lots of opportunity to participate and room for discussions, you have created a nice informal learning environment which I really enjoyed'.

SHEFFIELD MUSEUMS.

Autism Insight Training

Our training is delivered by Autistic adults and gives them the opportunity to give personal, engaging and valuable insight. They come from different parts of our community and share insight into challenging misconceptions and stereotypes surrounding Autism.

This training is for organisations and businesses to help them confidently interact with Autistic people in a positive and meaningful way.

The training offers an insight into the many ways we as people can communicate with each other regardless of differences in 'language' or communication methods.

Course includes

- Discuss current thinking around Autism
- Interactive session with chance for staff to ask questions in a non-judgmental environment.
- Challenging myths and preconceptions
- Be aware of how Autistic people process information
- Understand what can cause an Autistic person to be anxious and how to support them
- Barriers Autistic people face in a world that mostly excludes Autistic people

4

1 hour Lunch time learning
can accommodate
14 staff online
14 staff offline

£100

'Really brilliant opportunity to learn more about autism. This has definitely improved my understanding and will help me adapt how I work with people that are autistic.

ALISON .

Autism in the Workplace

For most Autistic people, finding work is a real challenge. When an Autistic person does manage to find work, staying in work can be equally as challenging.

Our training is delivered by Autistic people as well as being designed by them.

It aims to help employers and employees working alongside an Autistic person create an inclusive and welcoming workplace. It explores the ways to harnesses the full potential that someone with Autism can bring to the workplace.

Course includes

- Discuss current thinking around Autism
- Understand why people with Autism might get into difficulties in work
- Recognise potential causes of anxiety within the workplace
- Develop an inclusive workplace by implementing reasonable adjustments

5

2 hour training
can accommodate
20 staff online
14 staff offline

£200

'Learning about learning disability from people who have a learning disability has been a really important and unique experience. I understand more about how people become excluded from society'

ROB

Learning Disability Awareness Training

Our learning disability training has been designed to help organisations improve equality and equity by empowering staff to help remove barriers for people to live a safe and meaningful life.

Our training has been designed and is delivered by people who have a learning disability

Course includes

- Understanding what is learning disability and what is a learning difficulty
- Learning about the different models of disability
- Becoming more confident in communicating with people with a learning disability
- Understanding self advocacy and human rights
- How to remove barriers to create an equal society for people a learning disability

6

Other courses and Training

Training for Individual Employers and PAs

FUNDED BY SKILLS FOR CARE

Workplace Personal Assistant Training for Disabled Employees

FREE