

Benefits Information

We are often contacted by disabled people wanting information about their entitlement to benefits or requesting assistance to complete an application form or appeal a decision. We do not have the expertise or funding to offer general benefits advice and we always signpost people to Citizens Advice Sheffield and general self help information.

How we can help

- We can **signpost you** to your nearest advice centre and some local and national organisations which provide a benefits advice service
- We can provide information about support you can access in the city to help with the **Cost of Living**
- We can make you aware of **self-help information** such as benefit guides, publications and resources available from other organisations.

Advice Centres

You can contact Citizens Advice Sheffield (CAS) on their Freephone helpline on **0808 278 7820** - Monday to Friday, 10am to 4pm (except Bank Holidays). and at some community access points in the city, listed on their website Advisers are happy to offer call-backs to any client that requests one <https://citizensadvicesheffield.org.uk/get-help/>

Their other benefit helpline numbers are listed on the above link.

Cost of Living Information

Our [Cost of Living Information Page](#) directs people to Sheffield City Council's [Cost of Living Hub](#) as well as highlighting other information and our blogs with the latest news such as :

[Cost of Living Support – What's New](#) (detailing the new helpline for the Household Support Fund)

[Leap into Energy Advice](#) (a free service to make your home more energy efficient)

and the [Cost of Living Big 5](#) (support from Citizens Advice Sheffield with your overall financial situation including benefits

Self-help information

[Citizens Advice Sheffield](#) Click on 'Help Yourself' for online free advice and self-help resources

Advice Now Guides including '[How to Win a PIP Appeal' Guide](#) to help you decide if you should challenge the decision. You can search for other Advicenow guides [here](#).

[Disability Rights UK factsheets](#) provide information on benefits (in alphabetical order) including [Personal Independence Payment \(PIP\) Guide](#)

[Disability Law Service](#) Free legal advice and factsheets

[GOV.UK](#) Government information and services – A to Z of benefits

[Inclusion North](#) Easy Read Information

[HFT Guide to benefit changes](#) For family carers and people with learning disabilities

[Money Advice Service](#) Information on Disability and Sickness benefits

[Sheffield City Council Housing Benefit](#) and [Council Tax Support](#)

[Sheffield City Council Housing Service](#)

[Sheffield Carers Centre](#) Support for carers with benefits and other financial matters

A number of leading charities offer helpline numbers, publications and welfare rights guidance. Some local groups and services also offer support. Please get in touch with us if you need any help finding out about these organisations and groups. Here are a few examples:-

[Turn2Us](#) helps people in financial need gain access to welfare benefits, charitable grants and other financial help

[Arthritis Care](#) ; [Contact a Family](#) ; [Limbless Association](#) ; [Rethink](#)

[Deaf Advice Team at Sheffield Citizens Advice](#) ; [Weston Park Cancer Support Centre](#)

The [Sheffield Directory](#) is a useful resource for local information. You can also search for local support groups for [health conditions](#) , some of them may offer welfare rights advice and support. For example:

[Sheffield Royal Society for the Blind](#) [Sheffield ME Group](#) .

You can contact Disability Sheffield Information Service by phone on (0114) 253 6750, by email info@disabilitysheffield.org.uk or visit [Disability Sheffield's website](#)

What do you think of this factsheet?

If you would like to comment on this factsheet or provide additional information from your own experience please let us know and we would be happy to consider adding to or amending the factsheet. We welcome any comments to help us improve our service. Our contact details are:-

Disability Sheffield Information Service

The Circle

33 Rockingham Lane

Sheffield S1 4FW

☎ **0114 253 6750** Mon-Thurs 10 - 3

(Ansaphone facility available at other times)

E- mail info@disabilitysheffield.org.uk

www.disabilitysheffield.org.uk

Disclaimer

No recommendation is given or implied by providing these details. Whilst every effort is made to ensure accuracy we cannot accept responsibility for any errors or omissions. Please note that the inclusion of groups or individuals on the factsheet does not mean that they have been vetted or are recommended by Disability Sheffield Information Service. Details may change so it is important you check the

information provided to make sure they are accurate and suitable for your own requirements

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